## STEP UP SCHOOL

SUS/24-25/APRIL/06 29.04.2024

"Play gives children a chance to practice what they are learning"

-Fred Rogers

Dear Parents,

Education and learning processes should not only be limited to the classroom. The real-world connection and hands-on experience are provenmethods for better understanding or learning. Theoretical knowledge in the books is not always enough to furnish the essential information to the students. The retention of a concept is better when the student experiencesit practically.

We, at Step Up School always thrive to give best to our students and workhard to bring innovations in the teaching-learning process. Hereby, we proudly announce the commencement of the Third Year of *No bag day on Wednesday- A new dimension to joyful learning* from 1<sup>st</sup> May, 2024.

Every Wednesday of the week will be a No Bag Day *for all the students of grades I* & *II* at Step Up School- A day where students do not carry their books and notebooks to school. The "No Bag Day" aims to take children to another dimension of learning through practical experiences. These fun filled activities will foster curiosity, develop creativity, enhanceknowledge and fine motor skills in the students. While reducing the burden of carrying books to school, it also enhances the learning experience as what they learn on this special day through different teaching methods leaves a stronger impression on their mind. The major goal of establishing this day is to add more colours to students' learning by training them in other areas apart from books.

## **How NO BAG DAY is beneficial for the students?**

- ♣ The child is completely stress free at least once a week. ♣ Helps the child to relax and play.
- Extra-curricular activities can be cultivated.
- ♣ Better teacher-student relationships and the student-student relationship could be achieved.

## **ACTIVITIES PLANNED FOR NO BAG DAY**

- **Origami**
- Yoga
- Fire less cooking
- **Zumba**
- **Brain Teaser**
- **Etiquette classes**
- **Theatre**
- **Science Freaks**

**Note:** Although the students will not bring their books and notebooks on Wednesdays but they will have to carry their lunch box, pencil box, water bottle and other material required for conducting any particular activity onthat day. The list of activities and material required will be shared with theparents in advance. Parents' cooperation in this regard will be highly appreciable. Looking forward for fun-filled sessions ahead!

Regards Step Up School