



SUS/25-26/April/06

Date:- 22.04.2025

NO BAG DAY (2025-26)

"Tell me and I forget. Teach me and I remember. Involve me and I learn." – Benjamin Franklin

Dear Parents,

At Step Up School, we believe that learning shouldn't be confined to textbooks and classrooms. Real-world connections and hands-on experiences are essential for deeper understanding and better retention. When students are actively involved, they not only learn more but they enjoy the process too.

With this vision in mind, we are excited to announce the **fourth year of our "No Bag Day"**—a step towards joyful and experiential learning—starting **Wednesday**, **30**th **April 2025**.

Every **Wednesday**, students of **Grades I & II** will come to school **without their usual books and notebooks**. Instead, the day will be filled with fun and engaging activities designed to ignite curiosity, boost creativity, enhance motor skills, and promote overall development.

Why No Bag Day?

- Gives children a **stress-free break** from the regular academic routine.
- Promotes creative expression and hands-on learning.
- Offers a chance to develop **social-emotional skills** through interactive play.
- Encourages stronger bonds between students and teachers.

🖊 Exciting Activities Planned:

- Yoga
- Abacus
- DIY Activities
- Brain Teasers
- Old School Games

- Best out of Waste
- Theatre
- Science Experiments (Science Freaks)

These thoughtfully curated activities are not just fun but they are powerful learning tools that help reinforce classroom concepts in an engaging way.

4 Important Note:

Students are not required to bring school bags, books, or notebooks on Wednesdays. However, they **must carry**:

- Their lunch box
- Water bottle
- Pencil box
- Any specific material required for the planned activities (will be communicated in advance)

Parents are requested to purchase a 17 rods black and brown colour ABACUS tool (picture attached below) and send it on every WEDNESDAY.



We sincerely appreciate your support and cooperation in making "No Bag Day" a success. Together, let's make learning a joyful journey for our children!

Looking forward to many fun-filled Wednesdays ahead!

Warm regards, Step Up School

SCHEDULE FOR 'NO BAG DAY (2025-26)'

WEEK 1 & 3

Periods	1	09:40 - 09:55 AM	2	3	Lunch Break	4	5
Timings	08:40 – 09:40 AM		09:55 – 10:55 AM	10:55 – 11:55 AM	11:55 – 12:25 PM	12:25 – 01:25 PM	01:25 – 02:25 PM
Grade I	Yoga & Meditation	FRUIT	Science Freak	Abacus	LUNCH	DIY Activities	Old school games
Grade II	Science Freak	BREAK	Yoga & Meditation	Old school games	BREAK	Abacus	DIY Activities

Periods	1	09:40 -	2	3	Lunch	5	6						
		09:55 AM			Break								
Timings	08:40 - 09:40		09:55 –	10:55 –	11:55 –	12:25 –	01:25 - 02:25						
	AM		10:55 AM	11:55 AM	12:25 PM	01:25 PM	PM						
Grade I	Yoga &		Brain	Best out of		Abacus	Theatre						
	Meditation		Teaser	waste									
		FRUIT			LUNCH								
Grade II	Brain Teaser	BREAK	Yoga &	Theatre	BREAK	Best out of	Abacus						
			Meditation			waste							

WEEK 2 & 4