

STEP UP SCHOOL



SUS/25-26/JULY/10

Date: 14.07.25

Subject: 1st CBSE EXPRESSION SERIES for Academic Session 2025-26

Dear Parents,

The 1st Expression Series for the academic session 2025-26 will be organized by CBSE on the theme **Competency Focused Education**. The topics for each category are given as under:

Class Category	Mode of Expression	Topic (English)	Topic (Hindi)
Preparatory stage (Class 3 to 5)	Paragraph (150 words)	<ul style="list-style-type: none">My Superpower: skill that helps me shine.How I solve my problems	<ul style="list-style-type: none">मेरी सुपर पावर: वह कौशल जो मुझे सबसे अलग बनाता हैमैं अपनी समस्याओं को कैसे हल करता/करती हूँ।
Middle stage (Class 6 to 8)	Essay(400 words) / Poem	<ul style="list-style-type: none">My learning adventure: Everyday something new.How competency based learning helps me handle real life situations.	<ul style="list-style-type: none">मेरी सीखने की रोमांचक यात्रा : हर दिन कुछ नयायोग्यता आधारित शिक्षा मुझे वास्तविक परिस्थितियों से निपटने में कैसे मदद करती है।
Secondary Stage Phase 1 (Class 9 to10)	Essay(700 words) / Poem	<ul style="list-style-type: none">Empowering Growth Through Competency-Oriented Learning.Competency means more than marks.	<ul style="list-style-type: none">योग्यता-केंद्रित शिक्षण से विकास की सशक्त दिशायोग्यता का अर्थ सिर्फ अंकों से कहीं अधिक है।
Secondary Stage Phase 2 (Class 11to 12)	Essay (1000 words) / Poem	<ul style="list-style-type: none">The competencies I want to carry into my professional life.Beyond Exams :How Competencies shape carrers	<ul style="list-style-type: none">मेरे कैरियर का आधार बनने वाली योग्यताएँपरीक्षाओं से परे : कैरियर को आकार देती योग्यताएँ

Kindly note that the entries can be submitted in English or Hindi to the respective class teachers by **25 JULY,2025**. **One entry per class category (total 04 entries from a school) will be shortlisted for onward submission to CBSE**

10 best entries of each category will be selected by each CBSE Region for selection of winners at National level. Three best entries will be selected at the National level. All of these best entries shall be compiled in the form of a booklet for display on CBSE website.

Participation in Expression Series is Compulsory.

Regards
Step Up School